

Waiver

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the HART Center, Race Directors, City of Fairfield Bay, County of Van Buren and all other sponsors and each of their directors, officers, employees, agents and representatives for any and all injuries or death, damages and /or claims of any description which might arise out of the 2014 Turkey Trot 5K Road Race and all activities in any way connected therewith. I

am aware that running is a potentially hazardous activity. I am voluntarily participating in this 5K Run/Walk with the knowledge of the danger involved and I agree to accept any and all risks associated with participating in this event. I understand that, for someone not in good physical condition, strenuous exercise can cause serious injury and even death. I attest that I am physically fit and have sufficiently trained for competition in the 3.1 mile running event.

Signature: _____

Guardian (If Under 18): _____

Date: _____

The HART Center
P.O. Box 1080
Fairfield Bay, AR 72088



In Fairfield Bay, AR

Presents

The 2014 Turkey Trot

3rd Annual

5K

Run/Walk

Date:
November 8, 2014
Time:
9:00 AM



The Have a *Hart* Turkey Trot 5K

Fairfield Bay, AR, located on the lovely Greers Ferry Lake in North Central Arkansas, is the venue for this very challenging 5K road race. The race begins behind the HART Center and makes its way through scenic residential streets with some of the toughest hills in Arkansas. Runners will finish in the HART Center parking lot where they will be cheered by local residents and make their way to the food tent for refreshments. So come join us for this 3rd an-



nual event that is sure to become an Arkansas favorite. Challenge the course, and be challenged yourself, whether you are attempting an overall win, a first 5K, a training run or just a fun run.

Late Registration & Packet Pick-up:
November 8, 2014, at The Hart Center 7:30 AM-8:30 AM
Race begins: 9:00 AM SHARP!!

Don't forget your Food Items for the Food Bank !!

The 2014 Turkey Trot 5K Registration form

Name _____

Address _____

City _____ State _____ Zip _____

Day Phone _____

Emergency Phone _____

Date of Birth _____ Age on race day _____

Circle sex: M or F

T-Shirt Size

S M L XL

Entry Fee

\$15.00

Canned & Dry Goods

Sign up early

Drop Off Box available

Please sign waiver on back panel and mail with check or money order payable to:

**The HART Center
ATTN:5K
P.O. Box 1080
Fairfield Bay, AR 72088**

Please call or email questions to:

Cassie Lopez -Phone: 501-884-7777

Email: groupinstructor2006@yahoo.com

Website: www.hartcenter.net

**Help
others**

Food Items will go to the local food banks . Helping our neighbors have a Thanksgiving Dinner.

AWARDS!

Awards will be PRESENTED

One TURKEY each to top RUNNER, top WALKER and BEST COSTUME.

ADDITIONAL awards to second and third place in each CATEGORY.

Directions

From Clinton turn right on Hwy 16E. Stay on Hwy 16E through Shirley. Take the Main Entrance to Fairfield Bay (Dave Creek Pkwy). Drive approximately 1.5 miles to the HART Center located on the left hand side of the road.

**Area
Lodging**

**Fairfield Bay
Wyndham Resort:
(501) 884-3333**

**Clinton (15 miles from FFB)
Best Western: (501) 745-4700
Executive Inn: (501) 745-2461
Super 8 Motel: (501)745-8810**