

Hart Center Class Schedule (Subject to Changes)

Times	Monday	Tuesday	Wednesday	Thursday	Friday
8:00	Aquacise		Aquacise		Aquacise
8:15		Total Abs & Buns		Total Abs & Buns	
9:00				SilverSneakers Yoga	
9:00	Aquacise	Aquacise	Aquacise	Aquacise	Aquacise
10:00		Yoga		Yoga	
10:30	SilverSneakers Classic		SilverSneakers Classic		SilverSneakers Classic
11:00		Tai-Chi		Tai-Chi	
12:00-3:00	PickleBall	PickleBall	PickleBall	PickleBall	PickleBall
5:30	T25		T25	T25	

Feel free to join a class already in session. Classes may be cancelled if 3 or less attend for 3 weeks.

FAMILY SWIM TIME begins @ 10:30am, Mon-Fri.

Pool Closes 1/2 hour before the Hart Center closes.

Phone 884-7777